



**ANNUAL REPORT OF
ROW Nova Scotia
FOR THE YEAR ENDING
December 2011**

PROVINCIAL STATISTICS

Number of Clubs: 4

MEMBERS

	RCA Registered 2010	RCA Registered 2011
Halifax Rowing Club	173	151
MicMac Rowing Club	83	64
North Star Rowing Club	104	125
Antigonish Rowing Club	50	57
ROW NS	23	23
Total	433	420

COACHES

	2011
Learn To Row	17 (Trained)
RCA Coach Weekend 1	7 (In Training)
RCA Coach Weekend 2	3 (In Training)
Level III	3

OFFICIALS

	2010	2011
Clinician		1
Licensed Umpires	11	10
Associate Umpires	7	3
Apprentice Umpires	0	5

REGATTAS/SPECIAL EVENTS HOSTED IN PROVINCE IN CURRENT YEAR

- Atlantic Indoor Rowing Championship, February
- Adaptive Rowing Camp, April
- Ice Breaker Regatta, May
- Sport Fair, Sydney, May
- Nova Scotia Sprints, July
- Around the Lake Regatta, September
- Head of the Northwest Arm Regatta and Cogswell Medal Championship Race, September
- Sport Fair, Antigonish, September
- Provincial Development Camp, September
- Really Chili Regatta and Atlantic University Rowing Championships, October
- High School Rowing Challenge, October
- Chuck McDiarmid (RCA's High Performance Development Coordinator) visit, December
- Canada Games Camp, December

OUT OF PROVINCE PARTICIPATION BY ATHLETES IN CURRENT YEAR

- QIRC Junior Camp, Montreal, Quebec
- ERA's, Montreal, Quebec
- Royal Canadian Henley, St. Catharine's, Ontario
- Head of the Rideau, Ottawa, Ontario
- Head of the Charles, Boston, Massachusetts
- Rowing Canada Nationals, Welland, Ontario

Workshops Held in 2011

Learn to Row Workshops
RCA Coach Weekend 2

COMPETITIVE RESULTS OVERVIEW 2011

At the 39th Annual Nova Scotia Sprints (Bud Myra Memorial Regatta) on Lake Banook, Kennebecasis Rowing Club was presented with the Owen Sawler Trophy, for winning the Club Championship.

The Moe Cody Founders Trophy was presented to the Kennebecasis Rowing Club (Mike Flynn, Greg Theriault, Mike Craig and Ben Mills). The Tom St. Onge Founder Trophy was awarded to Kennebecasis Rowing Club (Jen Johnston, Casey Loiser, Kate Haslett and Shelby Hughes).

Connor Booker, Jack Evans, Will Bryden (Halifax Rowing Club) and Brishen Hagan Deschamps (Mic Mac Rowing Club) represented Nova Scotia at the QIRC Camp in Montreal, QC. The camp was geared toward eligible athletes for the 2013 Canada Summer Games, which will be held in Sherbrook, QC. At the conclusion of the Camp athletes participated in the ERA Regatta held on the Olympic Basin.

The ERA Regatta was also attended by some local Maters rowers. Patrick Cody (Mic Mac) placed 2nd in the Men's Master Single. Pierre Poirier and Richard Proulx (Mic Mac) finished 3rd in the Men's Master double. In the Women's Master double Jane Smith Van Horne and Karen Kavanaugh (Mic Mac) placed first and Jackie Pidduck and Sue Duann (Mic Mac) placed 2nd. In the Women's Master Coxed 4 Karen Kavanaugh, Jane Smith Van Horne, Sue Duann, Jackie Pidduck, coxed by Brishen Hagan-Deschamps (Mic Mac) placed 1st.

The Cogswell Medal was awarded to Adam Bliss, Fredericton Rowing Club in a time of 15:39. The Pelham Prize was awarded to Kendra MacDonald, North Star Rowing Club in a time of 18:34.

At the head of the Rideau, Chris Williams (Mic Mac) finished 6th in the open men's single. Jocelyn Pletz (Mic Mac) placed first in the Masters Women's Single DEF and Sue Duann (Mic Mac) placed 2nd.

At the RCA National Rowing Championships in Welland, Ontario Keith Gordon finished 5th overall in the A final in the Women's Lightweight Single and Jenna Pelham finished 5th in the C final.

COMMITTEE REPRESENTATIVES in 2011

Officials:	Marilyn MacMullin
IPCC:	Patrick Cody
RCA Board:	Peter Webster
Sport NS:	Yetta Withrow