

15 January 2012

2011 Inter-Provincial Coaches Committee Annual Report

submitted by: Patrick Cody, Row NS representative

Dear Members of the Nova Scotia Rowing Association,

The Inter Provincial Coaches Committee, or IPCC, is a small group, which meets bi-monthly. It is comprised of a coach representative from each province and key Rowing Canada staff. 2011 has been a year of change for the Inter-Provincial Coaches Committee IPCC. The following is a brief account of the committee's role in Rowing Canada, as well as the changes the committee has worked through, or is in the process of working through.

The IPCC acts as a key link between athletes, coaches, and RCA on matters of High Performance; Coaching Education and Development; Domestic competition. The IPCC also plays a liaison role with the RCA Coach Education and Development; RCA Umpires Committee; RCA Safety and Events Committee, as well as the Canadian University Rowing Association, and the Canadian Secondary Schools Rowing Association.

In March Peter Webster handed over the responsibility of representing Row Nova Scotia to Patrick Cody. This change was one of five changes to representatives on the IPCC. Additionally, the implementation of RCA's new National Development Centers in Welland and Burnaby and the addition of several new RCA staff has required the IPCC to readjust its role. As a result the committee's Terms of Reference were updated and are awaiting approval from the Rowing Canada Board of Directors.

The IPCC worked closely with RCA's Domestic Development (Sport Technical) Officer, David Derry to plan and deliver the Jeux du Canada Summer Games Rowing Technical Package. Two sub-committees, of which Row Nova Scotia had representation, explored allowing a revision of the 2013 Package allowing a change from the prescribed 2000m course to a 1900m course in order to accommodate the facilities and spectating at the venue – this change has been accepted. The other sub committee explored changes to the 2017 Package. Suggestions included possible team size reductions (from 14 to 10), reducing the number of events, and changing the age of competition from under 21 to under 23. Although rowing has been accepted into the 2017 Jeux du Canada Summer Games, a revised Technical Package has not been developed.

The IPCC has also reviewed and made recommendations for revisions to the National Rowing Championships (NRC's). Currently the Provincial Rowing Associations (PRA's) and the National (Team) Training Centers (NTC's) have sanctioning rights over participation at the NRC's. It had been suggested by

RowOntario that RCA allow clubs the right of entry. This suggestion was opposed by the IPCC and the decision now lies with the RCA Board. The IPCC ran a “gost test” of a Provincial Points System at the 2011 NRC’s. This system awarded points for placing in the Top 10 of each event. Points were tallied and used to determine provincial efficiency and an over all points champion. The “gost test” was deemed a success and the IPCC has recommended it be adopted for the 2012 NRC; implementation is now up to the RCA Board of Directors.

The IPCC has also worked closely with Chuck McDiarmid, RCA’s High Performance Development Co-ordinator. Chuck kept the IPCC abreast of many developing plans in the National Team stream. Some of the key developments included: the opening of two National Development Centers, the opening of several Regional Training Centers, a change to the RADAR testing format (reduced to three tests per year, from four), changing the RADAR from a week of testing to two weeks, the implementation of National Development Championships (at the two National Development Centers), implementing earlier selection for the National Junior and Under 23 Teams, and introducing a second development stream for up and coming National Team talent.

The IPCC continues to play an important role in Rowing Canada, especially as the National Team expands and evolves, and the National Rowing Championships and Canada Games adapt to the new and ever evolving landscape of Canadian rowing.

Respectfully yours,

Patrick Cody
IPCC Representative, Row Nova Scotia
Provincial Team Coach, Row Nova Scotia